



GET ON THE RIGHT TRACK

Customized tracks that meet the
Residency Review Committee requirements.



ST. LUKE'S

Family Medicine Residency



McLaren St. Luke's Family Medicine Residency provides its residents the opportunity to customize their education to meet their career goals.

Through customized "tracks," the program meets the Residency Review Committee requirements for family medicine education, while offering emphasis in several areas of interest.

TRACKS WITH STRUCTURED CURRICULA

- Geriatrics
- Osteopathic medicine
- Lifestyle medicine
- Sports medicine
- Academic medicine

SELF-DIRECTED TRACKS WITH FLEXIBLE SCHEDULING

- Rural medicine
- Urgent care

GERIATRICS

This track emphasizes care for aging patients and is ideal for physicians considering further training in geriatric medicine, palliative care or similar interest.

Focus includes:

- Rotations in pain management, physical medicine and rehabilitation (PM&R), hospice, and palliative care
- Additional experience in extended care facilities and home visits
- Residents are encouraged to take continuing medical education courses in geriatrics or palliative care



OSTEOPATHIC MEDICINE

This track further expands upon knowledge and skills an osteopathic resident gained during medical school for integration into desired practice setting. It is also open to allopathic residents to their desired level of involvement.

Focus includes:

- Participation in osteopathic didactics, including hands-on portions
- Participation in dedicated osteopathic manipulative treatment (OMT) clinics
- Education in billing for OMT
- Residents are encouraged to pursue continuing medical education courses in osteopathic principles and procedures

LIFESTYLE MEDICINE

The lifestyle medicine residency curriculum (LMRC) is a comprehensive, applicable, and flexible curriculum designed for integrated implementation into medical residency programs.



Focus includes:

- Educational component includes 40 hours of didactic material with 60 hours of application activities implemented over a 1-3 year time.
- Practice component enables residents to clearly demonstrate ongoing exposure to and use of the principles of lifestyle medicine in the clinical setting with patients.
- Completion of both educational and practice components qualifies residents to sit for the American Board of Lifestyle Medicine certification exam should they desire.

SPORTS MEDICINE

This track emphasizes the medical and therapeutic aspects of sports participation and physical activity. It is ideal for physicians considering a sports medicine fellowship or serving as a team physician.

Focus includes:

- Rotations in sports medicine, ambulatory-ortho, PM&R, radiology, and pain management
- PGY II on-field team coverage with a licensed physician while working on competencies
- PGY II attendance at sports medicine conferences
- PGY III service as team physician for local high school teams*

ACADEMIC MEDICINE

This track is ideal for physicians desiring to cultivate the skills necessary to become successful future clinician-educators.

Focus includes:

- Rotations in Academic Medicine I and Academic Medicine II
- Identifying and establishing a mentor relationship with a faculty member
- Precepting junior residents and medical students in ambulatory and inpatient settings
- Participation in the Evidence-Based Medicine curriculum
- Leadership development
- Continuing medical education opportunities with faculty development focus

*Residents must meet minimum requirements and be licensed.



**TOUR OUR
FACILITY VIRTUALLY**



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